BRIAN'S

Thoughts, ideas and questions

Cut out the cards. Choose one, leave them visible, or use them as a reminder for grown-ups.

BRIAN'S

What might be on my mind?

A thought, idea, question, worry, hope, or something else.

Speak • point • draw • type • AAC • show • pass

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BRIAN'S

Do I have an idea or a question?

I can share it in my own way - or keep it to myself.

Speak • point • draw • type • AAC • show • pass

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BRIAN'S

Is a worry thought visiting?

Would information, time, help, a plan or a pause be useful?

Speak • point • draw • type • AAC • show • pass

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BRIAN'S

What could Tom Tom be thinking?

Tell, point, draw, type, use AAC, imagine or pass.

Speak • point • draw • type • AAC • show • pass

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WAVES

Body signals, feelings and support

Cut out the cards. Choose one, leave them visible, or use them as a reminder for grown-ups.

WAVES

What feels different right now?

Noise, light, tiredness, excitement, worry, pain, or something else?

Speak • point • draw • type • AAC • show • pass

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WAVES

Could my body need something?

Food, drink, toilet, rest, movement, first aid or another kind of help?

Speak • point • draw • type • AAC • show • pass

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WAVES

What support could help?

Quiet, space, time, a break, movement, help or something else.

Speak • point • draw • type • AAC • show • pass

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WAVES

I need to stop, pause or change it.

You can tell, show, point, use AAC, leave if safe or ask someone to help.

Speak • point • draw • type • AAC • show • pass

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CIRCLES

Routines, what happens next and change

Cut out the cards. Choose one, leave them visible, or use them as a reminder for grown-ups.

CIRCLES

What is happening now?

Now • next • later • finished

Speak • point • draw • type • AAC • show • pass

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CIRCLES

What comes next?

Show me, tell me, write it, use a picture or explain again.

Speak • point • draw • type • AAC • show • pass

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CIRCLES

What is changing? What stays the same?

The plan can be shown clearly and honestly.

Speak • point • draw • type • AAC • show • pass

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CIRCLES

I need more time.

Not ready • wait • change of plan • something else

Speak • point • draw • type • AAC • show • pass

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BRIDGES

Interests, relationships and connection

Cut out the cards. Choose one, leave them visible, or use them as a reminder for grown-ups.

BRIDGES

What do I enjoy?

A favourite subject, game, object, story, song, place or activity.

Speak • point • draw • type • AAC • show • pass

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BRIDGES

How would I like to join?

Join in • watch • listen • play beside someone • have space

Speak • point • draw • type • AAC • show • pass

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BRIDGES

Who or what helps me feel comfortable?

I can choose a person, an object, a place, another way or no answer.

Speak • point • draw • type • AAC • show • pass

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BRIDGES

What could we share with Tom Tom and the Pound Pups?

A story • music • play • a question • quiet company • my own idea

Speak • point • draw • type • AAC • show • pass

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