TOM TOM'S CURIOUS BRIAN

Rainy Day Activity Book

Things to make, notice, imagine and try



Hello, Star!

Rain outside? Curious Brian has filled this book with activities to keep your ideas moving. Pick a page, take your time and make each activity your own.

For Stars and their grown-ups

Welcome, Star!

Curious Brian loves questions, discoveries and trying things in a new way. This book is made for rainy days at home. Some pages are quiet, some are active, some are creative and some are little experiments.

You choose

You do not need to finish every page. Choose one activity, take a break, skip anything that does not suit you, or come back another day. Watching, pointing, talking, drawing or using your own communication all count.

A simple way to explore

[ ] Choose a page that feels interesting.
[ ] Look at the materials and decide what you want to try.
[ ] Ask: "What do I think might happen?"
[ ] Explore together and notice what changes.
[ ] Share your idea by talking, drawing, writing, showing or keeping it in your mind.

Make it comfortable

[ ] Use a quieter space, softer light or fewer materials if that helps.
[ ] Ask a grown-up to read the steps or help set things up.
[ ] Choose a no-mess or no-sound version whenever you like.
[ ] Move, sit, stand, fidget or rest in the way that works for you.

Grown-up note

Please supervise activities and choose suitable materials. Keep water shallow and small items away from young children and anyone who may mouth them. Do not taste activity materials. Keep walkways clear for movement games.

Curious Brian activity passport

Tick a box when you try a page, or choose your own way to mark it. There is no race and no need to do them all.

[ ] Rainy day detective	[ ] Window treasure hunt
[ ] Question cards	[ ] Paper bridge builder
[ ] Float or sink?	[ ] Follow a shadow
[ ] Watch ice melt	[ ] Listen for vibrations
[ ] Tiny nature watch	[ ] Design a cosy den
[ ] Sock basketball	[ ] Rain sound patterns
[ ] Build a story	[ ] Make a board game
[ ] Create a Brain character	[ ] Pick-a-challenge cards

My favourite page so far is...

My rainy-day energy right now:

[ ] Quiet [ ] Wiggly [ ] Curious [ ] Ready for a break [ ] Something else: _____

1. Rainy day detective

Look outside from a safe, comfortable place. What clues tell you what the weather is doing?

Choose what to notice

[ ] Can you see raindrops on a window or puddles outside?
[ ] What colours can you spot in the sky, garden or street?
[ ] Are leaves, branches or washing moving?
[ ] Can you see clouds changing shape?

Make a tiny weather report

Today the weather looks like: [ ] Drizzly [ ] Rainy [ ] Windy [ ] Bright [ ] Changing

Draw the view, the clouds or an imaginary rainy-day scene

One thing I noticed / one question I have

Make it work for you

Looking through a window is enough. If looking outside is not comfortable or possible, invent a weather report for an imaginary place.

2. Window and room treasure hunt

Find things with your eyes. Look around one room or through a window. You do not need to pick anything up.

Can you spot...

[ ] Something shaped like a circle
[ ] Something soft or cosy
[ ] A pattern with stripes, dots or swirls
[ ] Something that is your favourite colour
[ ] Something that reflects light
[ ] A tiny detail you have not noticed before
[ ] Something that reminds you of a story
[ ] A plant, bird, cloud or other sign of nature
[ ] Something that makes you feel comfortable
[ ] A thing that begins with the first letter of your name

My favourite discovery was...

Extra Curious Brian challenge

Choose one colour and find five things with that colour. Or choose a shape and become a shape detective.

Make it work for you

You can do the hunt seated, from one room, from your favourite spot, or with a grown-up reading the list. Pointing is enough.

3. Curious Brian question cards

Choose one card. Talk about it, draw an answer, act it out or invent something unexpected. A grown-up can cut out the cards if you want to use them separately.

CURIOUS BRIAN ASKS If a raindrop could tell a story, what would it say? My idea: _____	**CURIOUS BRIAN ASKS** Could you design an umbrella for a tiny creature? What would it look like? My idea: _____
CURIOUS BRIAN ASKS What would you invent to make a rainy day more fun? My idea: _____	**CURIOUS BRIAN ASKS** If your favourite toy explored the house, what would it discover? My idea: _____
CURIOUS BRIAN ASKS What sound would rain make if it were music? My idea: _____	**CURIOUS BRIAN ASKS** Can you imagine a new kind of Brain who helps you learn? My idea: _____

Make your own question: _____

4. Paper bridge builder

Can a folded piece of paper become a strong bridge?

You will need

Two sturdy books, one sheet of paper and a few larger, light objects such as a soft toy or chunky blocks.

Try it

[ ] Place the books a short distance apart.
[ ] Lay paper across them. Try it flat, then fold it like a concertina.
[ ] Add one object at a time and watch what happens.

Curious Brian wonders...

Which shape held more? What could you change and test again?

Make it work for you

You can choose the objects, fold the paper, watch or tell someone when to add an object. Use larger items if small pieces are not suitable.

Extra challenge: Can you make a bridge from a different kind of paper?

Draw, doodle or show what you noticed

Safety check

Keep the books steady and use light objects only. Do not climb or lean on the bridge.

5. What will float or sink?

Make a guess, then explore together.

You will need

A shallow bowl of water, a towel and a few clean water-safe objects large enough for the child.

Try it

[ ] Choose one object. Guess whether it might float or sink.
[ ] Place it gently in the water and notice what happens.
[ ] Take it out and dry it before choosing another.

Curious Brian wonders...

Did anything surprise you? Did objects that looked alike behave differently?

Make it work for you

If water is uncomfortable, sort objects into "might float" and "might sink" without testing. Your child can point, watch or make the guesses.

Extra challenge: Sort the objects by another feature, such as colour, shape or material.

My guess / what I noticed

Safety check

An adult should supervise closely. Keep water shallow. Keep small objects away from young children and anyone who may mouth them.

6. Follow a shadow

Make a friendly shadow grow, shrink or move.

You will need

A small torch, a simple toy and a wall or large sheet of paper.

Try it

[ ] Place the toy where it can make a shadow.
[ ] Shine the torch towards it from a comfortable distance.
[ ] Move the torch a little closer or further away and watch the shadow change.

Curious Brian wonders...

What happens when the torch moves? Can you make the shadow bigger or smaller?

Make it work for you

Keep the room comfortably lit. Your child can hold the torch, move the toy or watch. Stop if light feels uncomfortable.

Extra challenge: Try making a shadow shape with your hands, if that feels comfortable.

Draw, doodle or show what you noticed

Safety check

Never shine a torch into anyone's eyes. Keep the torch away from water and clear the space around you.

7. Watch an ice cube melt

Notice the changes as ice turns into water.

You will need

One ice cube, a plate and a towel. A timer is optional.

Try it

[ ] Put the ice on the plate and notice its shape.
[ ] Check again after a few minutes. What has changed?
[ ] Notice the water collecting around it. Dry the table when finished.

Curious Brian wonders...

Where did the water come from? What changed first?

Make it work for you

Your child can watch from a distance, use a timer, draw the changes or ask an adult to handle the ice. Stop if cold or wet sensations are uncomfortable.

Extra challenge: Draw the ice at the start and again later.

Draw, doodle or show what you noticed

Safety check

Do not taste the ice or water. Avoid holding ice against skin. Dry spills to prevent slips.

8. Listen for vibrations

Can a sound make tiny things move? Keep it gentle and quiet.

You will need

A bowl, cling film secured by an adult and a few grains of rice. Larger paper scraps are a no-small-pieces alternative.

Try it

[ ] An adult stretches cling film over the bowl.
[ ] Place the chosen pieces on top.
[ ] Make a quiet hum nearby or a soft tap on the table. Look closely for movement.

Curious Brian wonders...

Can you see the pieces move? What happens if the sound changes?

Make it work for you

Sound can feel intense. Keep the volume low and let your child control when to start and stop. You can just look at the setup without sound.

Extra challenge: Draw what you think a vibration might look like.

My guess / what I noticed

Safety check

Adult supervision needed. Keep cling film and rice away from young children and anyone who may mouth them. Do not tap loudly or hard.

9. Start a tiny nature watch

Nature watching can begin from a window.

You will need

A window or outdoor spot. Paper, pencils or a camera are optional.

Try it

[ ] Choose one small thing to notice: a bird, cloud, plant, insect or patch of sky.
[ ] Look for one detail. Look again later and see whether anything changed.

Curious Brian wonders...

What did you notice that you might have missed before?

Make it work for you

Looking from indoors counts. Your child can point, photograph, dictate a note, draw or simply watch quietly.

Extra challenge: Watch the same spot again tomorrow and compare what changed.

Draw, doodle or show what you noticed

Safety check

If you go outdoors, supervise as usual. Observe wildlife from a respectful distance; do not touch animals, insects or unfamiliar plants.

10. Design a cosy rainy-day den

Plan a cosy place for reading, resting or imagining.

You will need

Paper and pencils. If building a real den, use light cushions or a blanket with a grown-up.

Try it

[ ] Draw a den with an entrance, a cosy place to sit and something special.
[ ] If you build one, keep it low and stable.

Curious Brian wonders...

What would make your den feel safe and comfortable?

Make it work for you

A pretend den on paper is just as good. Choose favourite textures, colours, cushions or quiet things.

Extra challenge: Give your den a name and invent a sign for its entrance.

Draw, doodle or show what you noticed

Safety check

Ask a grown-up before moving furniture. Do not block doors, heaters, walkways or exits. Do not climb on furniture.

11. Sock basketball

A gentle movement game with a soft target.

You will need

A laundry basket and a clean pair of rolled-up socks.

Try it

[ ] Put the basket on the floor in a clear space.
[ ] Choose a comfortable distance. Gently toss the socks into the basket.
[ ] Try closer or further away if you want.

Curious Brian wonders...

Can you find a way to change the challenge?

Make it work for you

You can roll, hand the socks to someone, move the basket closer or keep score together. A seated version works too.

Extra challenge: Make a target score or invent a silly team name.

My guess / what I noticed

Safety check

Use soft socks only. Keep away from stairs, windows, breakable items and other people. Do not throw at faces.

12. Rain sound pattern

Turn a gentle sound into a pattern or picture.

You will need

Paper and pencils. Optional: listen to rain indoors or make a very quiet finger-tap pattern.

Try it

[ ] Listen to a sound that feels comfortable.
[ ] Draw lines, dots, shapes or colours to show what it makes you imagine.

Curious Brian wonders...

If this sound had a shape or colour, what might it be?

Make it work for you

Skip listening if sound is uncomfortable. Imagine a sound instead, or choose a favourite quiet sound.

Extra challenge: Create a repeating pattern from your sounds or marks.

Draw, doodle or show what you noticed

Safety check

Do not play loud sounds. Take a break if listening feels uncomfortable.

13. Build a rainy-day story

Choose one idea from each box and make a story. Write it, draw it, tell it aloud, use a device or ask a grown-up to write your words.

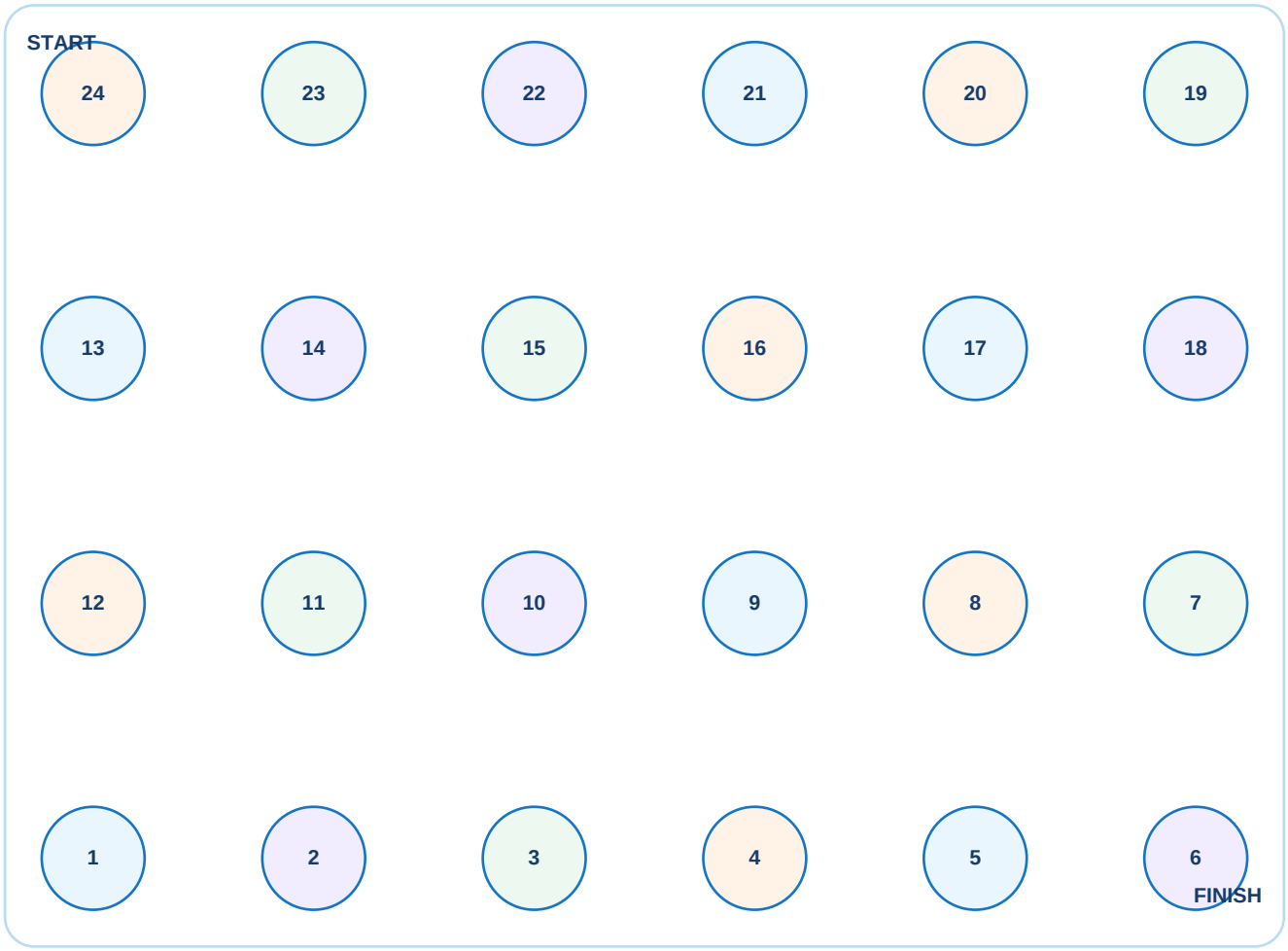
A character	a curious child / a tiny bird / a talking umbrella / your idea
A place	a cosy den / a rainy garden / a cloud castle / your idea
A problem	a missing sound / a bridge to build / a big question / your idea
A helper	Curious Brian / a friend / a Pound Pup / your idea
An ending	a surprise / a new discovery / a kind moment / your idea

Draw the beginning, middle or ending of your story

My story is called...

14. Make a Curious Brian board game

Choose a start and finish. Add your own rules. Use a coin as a counter or move your finger along the path. A grown-up can help make a spinner or choose numbers.



My game is called: _____

A rule is: _____

When you land on a star, you: _____

Make it work for you

Play alone, take turns, use a favourite toy as a counter or skip any rule that does not feel fun. There is no need to use dice or small pieces.

15. Create a new Brian

In Tom Tom's stories, Brians are a playful way to talk about thoughts and feelings. Every Brian is part of you. There are no bad Brians, and you can invent a Brian of your own.

My Brian is called: _____

This Brian might help me with:

[ ] asking questions [ ] trying something [ ] resting [ ] noticing feelings [ ] another idea

Draw your Brian. Give them a face, hands, colours or a symbol

What might my Brian say or need?

A gentle reminder

A thought or feeling can visit without being in charge. You can notice it, talk with a trusted grown-up, take a pause or choose what to do next.

16. Pick-a-challenge cards

Choose a small challenge. Stop, change it or ask for help whenever you need to. A grown-up can cut out the cards.

CURIOUS BRIAN CHALLENGE Invent a new use for a cardboard box. My twist: _____	**CURIOUS BRIAN CHALLENGE** Make the tallest paper tower you can. My twist: _____
CURIOUS BRIAN CHALLENGE Draw a creature that loves rainy days. My twist: _____	**CURIOUS BRIAN CHALLENGE** Find three things that make a pattern. My twist: _____
CURIOUS BRIAN CHALLENGE Make a tiny museum of favourite objects. My twist: _____	**CURIOUS BRIAN CHALLENGE** Create a secret code using shapes. My twist: _____
CURIOUS BRIAN CHALLENGE Build a bridge for a soft toy. My twist: _____	**CURIOUS BRIAN CHALLENGE** Make up a new quiet game. My twist: _____

My own challenge: _____

17. Choose a pause

Sometimes Curious Brian needs a quiet moment before the next adventure. Choose one thing that feels helpful, or make up your own.

I could...

[ ] Get a drink of water with a grown-up.
[ ] Stretch, wiggle, rock or rest in a comfortable way.
[ ] Look at one favourite picture or object.
[ ] Sit somewhere quieter for a little while.
[ ] Ask someone I trust to stay nearby.
[ ] Do nothing for a moment and let my thoughts slow down.

Draw or write what helps you feel comfortable

Your way is okay

You can return to an activity later, choose another one or finish for today. Rest is part of a rainy-day plan too.

My rainy-day discoveries

You made time to wonder, notice, imagine or try something new. That is a discovery!

One thing I enjoyed

One thing I learned or noticed

Something I want to try another day

CURIOUS BRIAN EXPLORER

This certificate belongs to: _____

Signed: _____ Date: _____

Keep wondering, Star!