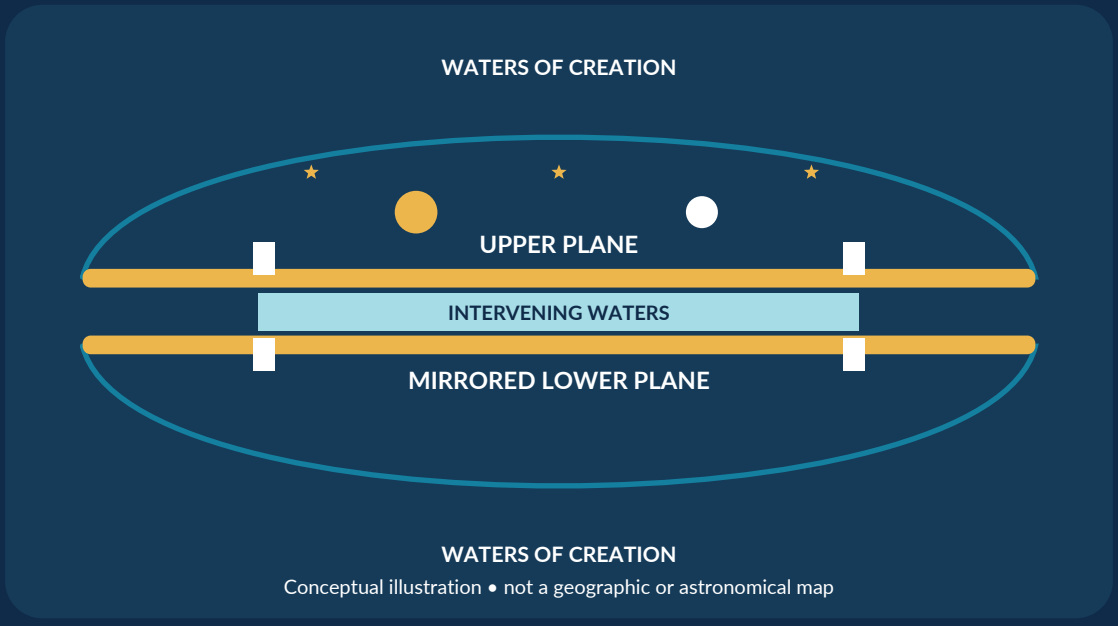
ENKI

THE BOOK OF THE REALM

Creation, cosmology and the spiritual universe



Conceptual illustration • not a geographic or astronomical map

The two planes • The heavens • The soul

A spiritual model and guide to observable cosmology

By Tom Tom James Wood

The journey through the realm

This book brings together the author's ENKI spiritual cosmology and an evidence-based introduction to physical science. Each chapter separates symbolic or personal interpretations from observations that can be checked. The illustrations are conceptual, not navigational maps.

01 The beginning of creation 3
02 The two mirrored planes 4
03 The firmament and waters 5
04 The ice boundary and outer lands 6
05 The farthest shore 7
06 The Sun 8
07 The Moon 9
08 The stars and divine symbolism 10
09 Day, night and the seasons 11
10 Eclipses and the sky 12
11 The physical Earth 13
12 Water, air and weather 14
13 Matter, energy and forces 15
14 The solar system 16
15 Galaxies, time and the universe 17
16 Egypt, Eden and the Ankh 18
17 The soul and reincarnation 19
18 The Four Pillars of the realm 20
19 The Five Commandments of Love 21

CHAPTER 01

The beginning of creation

Water, light and consciousness

ENKI AND ITS INTERPRETATION

ENKI begins with the image of primordial waters: a quiet expanse from which order, light and life emerge. The heavens and the land are separated, and creation becomes a place where living beings can grow, learn and encounter one another. In this spiritual reading, creation is not simply matter; it is also an invitation to understand the meaning of existence.

Water represents possibility, light represents knowledge, and the land represents the experience of living. The golden Ankh brings these ideas together as a symbol of life and renewal. Ancient Egyptian traditions used the Ankh as a sign of life; the broader cosmology in this book is a modern ENKI interpretation, not a translation of ancient inscriptions.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

Physical cosmology asks a different question: how did the observable universe develop? The leading scientific account describes an early hot, dense universe expanding for about 13.8 billion years. It does not establish what preceded that early state or settle questions of divine purpose.

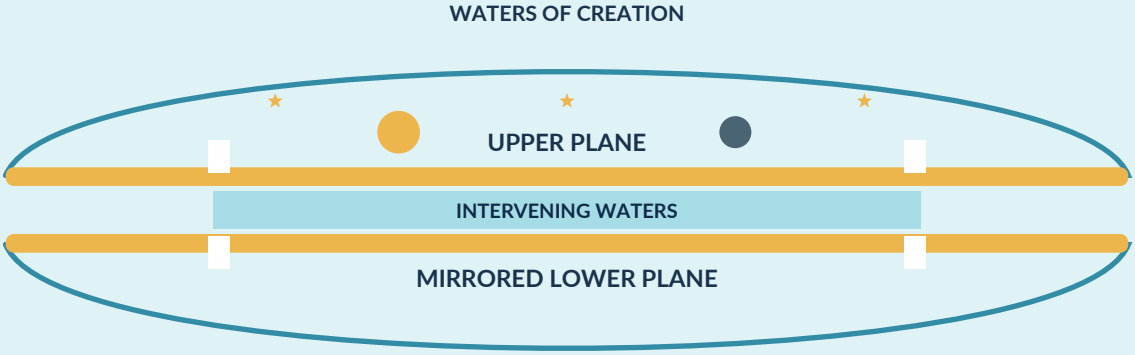
TOM TOM'S REFLECTION

Let curiosity and humility accompany every journey towards understanding.

CHAPTER 02

The two mirrored planes

The ENKI spiritual model



Conceptual illustration • not a geographic or astronomical map

ENKI AND ITS INTERPRETATION

The imagined architecture of ENKI contains exactly two planes. The upper plane is the familiar world in which the story is set. Beneath it lies a second plane, mirrored and inverted in relation to the first. Its inhabitants, in the narrative, would experience their own land as upright rather than as a world of people hanging upside down.

Above each plane is a firmament, imagined as a protective dome. The waters of creation surround both and occupy the space between them. The two planes are not a heaven and a place of punishment: they represent reflection, complementary experience and the possibility of learning.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

This is a spiritual map, not a measured cross-section of Earth. Geology and seismic waves reveal a layered planet with a crust, mantle and core. There is no confirmed inhabited inverted plane beneath it. On the real Earth, local down points approximately towards its centre, explaining why people on opposite sides both stand upright.

TOM TOM'S REFLECTION

A mirror can help us imagine another perspective without making that perspective a physical world.

CHAPTER 03

The firmament and waters

A shelter for the imagination

ENKI AND ITS INTERPRETATION

In ENKI imagery the dome covers the inhabited land. The waters beyond the sky, and the waters between the two planes, express the idea that life belongs to a greater creation. The Sun and Moon are placed within the dome of the upper plane in this conceptual model.

The firmament is an important image in ancient cosmological language, including Genesis. Such language may be understood through theology, poetry or the historical worldview of its authors. The image can remain meaningful without requiring a solid shell over the real sky.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

In physical science, the atmosphere consists of gases held near Earth by gravity. It gradually thins into space; there is no established rigid dome or ocean above it. The sky appears blue because air molecules scatter shorter wavelengths of sunlight. Clouds are droplets or ice crystals, not openings into a cosmic ocean.

TOM TOM'S REFLECTION

Imagine water as connection; observe the real water cycle with care.

CHAPTER 04

The ice boundary and outer lands

The edge of the spiritual map

ENKI AND ITS INTERPRETATION

In the ENKI model, a circular ice boundary encloses the familiar lands. An imagined passage leads to further regions beyond it, all belonging to the same symbolic creation. These outer lands extend the theme of discovery: the unknown becomes an invitation to humility rather than a reason to fear others.

The farthest shore is a particularly important image in the author's spiritual narrative. Its meaning is explored in the next chapter. No physical coordinates, travel routes or claims of ownership can be established from the model.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

Antarctica in measured geography is a continent around the South Pole, surrounded by ocean. Its enormous ice sheet and coastal ice cliffs are real. Surveying, satellite observations, expeditions and navigation do not support a surrounding ice wall enclosing the inhabited world or undiscovered continents beyond such a wall.

TOM TOM'S REFLECTION

Respect real polar environments. An imagined boundary is not a reason to attempt dangerous travel.

CHAPTER 05

The farthest shore

Footsteps, belonging and love

ENKI AND ITS INTERPRETATION

At the edge of the ENKI story lies a quiet beach. The author associates this place with a sense of spiritual homecoming and with the image of footsteps in the sand. The shoreline becomes a meeting place between the known and the unknown, a place where suffering can be acknowledged and hope renewed.

Picture the waves washing over the shore, leaving new patterns each time. A person who has walked through difficult years may find comfort in the thought that they were not alone. Love may be expressed through a friend's patience, a safe place to rest, a family member's care or a stranger's kindness.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

This is an original reflection, not a claim to the ownership of land or authorship of the well-known poem usually called Footprints in the Sand. The poem has several competing historical authorship claims; the author's personal association with it does not establish a prior-life authorship or property right.

TOM TOM'S REFLECTION

The shore is a symbol of belonging. We can build belonging in the places where we live today.

CHAPTER 06

The Sun

Light, warmth and plasma

ENKI AND ITS INTERPRETATION

Within the ENKI illustration the Sun is depicted as a local light inside the dome, associated with illumination, life, learning and the active energy of creation. In spiritual reflection, sunrise can represent the chance to begin again.

Plasma is real: it is a state of matter containing free electrons and charged particles. The physical Sun is predominantly plasma, held together by gravity. Nuclear fusion in its core converts hydrogen into helium and releases energy. Sunlight powers photosynthesis and drives much of Earth's weather.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

Astronomical measurements place the Sun about 150 million kilometres from Earth on average. It is a star roughly 1.39 million kilometres across, not a small nearby lamp. Its distance and size are supported by orbital measurements and observations across the solar system. Never look directly at the Sun without certified solar viewing protection.

TOM TOM'S REFLECTION

Light represents learning; the real Sun gives our world the energy on which life depends.

CHAPTER 07

The Moon

Reflection, phases and tides

ENKI AND ITS INTERPRETATION

ENKI places the Moon beside the Sun within its symbolic dome. In the author's proposed model both lights are imagined in terms of plasma. The Moon represents reflection, emotional rhythms, rest and change.

In physical astronomy, however, the Moon is a rocky body, not a plasma light. Its surface is covered by rock and dust; samples and observations confirm its composition. It shines mainly by reflecting sunlight. Its average distance from Earth is about 384,400 kilometres.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

The Moon's phases follow the changing geometry of sunlight, Earth and the Moon as it orbits. Its gravity, together with the Sun's, produces tides. Tides are also shaped by coastlines and ocean depths. A bright Moon can be a beautiful spiritual symbol without being a source of supernatural instructions.

TOM TOM'S REFLECTION

Keep a Moon journal. Draw the illuminated shape each clear evening and notice the repeating pattern.

CHAPTER 08

The stars and divine symbolism

The lights of the heavens

ENKI AND ITS INTERPRETATION

The stars in ENKI can be imagined as links to the divine, reminders of creation and of the human longing to belong. Ancient cultures often attached stories and spiritual associations to constellations. In this book, these links are symbolic rather than evidence of literal channels to gods.

The physical stars are distant luminous objects, mostly hot plasma sustained by gravity. Many generate energy by fusion. Their colours reveal differences in surface temperature; spectra reveal chemical elements, and careful observations allow astronomers to estimate distances and motions.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

Constellations are patterns as viewed from Earth; stars in the same pattern may be very far apart in three-dimensional space. Polaris lies near the northern celestial pole, whilst the southern sky has different constellations. Star patterns are useful for navigation, but they do not reliably determine personal fate or communicate commands.

TOM TOM'S REFLECTION

Let the night sky inspire wonder rather than dictate decisions.

CHAPTER 09

Day, night and the seasons

The clocks of creation

ENKI AND ITS INTERPRETATION

The ENKI model treats the movements of the two lights as symbols of time, renewal and balance. Morning invites activity, evening invites rest, and the seasons remind us that change belongs to life.

On the measured Earth, day and night arise because the planet rotates about once every 24 hours. A location facing the Sun experiences daylight; the opposite side experiences night. Earth's orbit takes about a year. Its axis is tilted by about 23.4 degrees, so each hemisphere receives different sunlight across the year.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

These relationships explain why the hemispheres have opposite seasons, why polar regions experience extended daylight and darkness, and why shadow lengths change. A small lamp travelling above a plane does not reproduce the full set of measured observations and eclipse predictions.

TOM TOM'S REFLECTION

Use a globe or ball and a torch in a dim room to model day, night and seasonal tilt.

CHAPTER 10

Eclipses and the sky

When shadows tell a story

ENKI AND ITS INTERPRETATION

Within ENKI an eclipse can symbolise a temporary period of darkness followed by returning light. It can be a reminder that uncertainty and difficulty need not last forever.

A solar eclipse occurs when the Moon passes between Earth and the Sun, blocking sunlight from part of Earth. A lunar eclipse occurs when Earth casts its shadow onto the Moon. Not every new or full moon produces an eclipse because the Moon's orbit is tilted relative to Earth's orbital plane.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

Astronomers can calculate the timing and paths of eclipses years in advance from measured orbits. The repeated curved shape of Earth's shadow during lunar eclipses is also consistent with a spherical Earth. These are natural events, not evidence of punishment or messages about an individual's destiny.

TOM TOM'S REFLECTION

Observe lunar eclipses safely. For a solar eclipse, use proper certified solar viewers.

CHAPTER 11

The physical Earth

Land, rock, gravity and oceans

UNDERSTANDING THE PHYSICAL WORLD

Our senses experience the ground as locally level. Maps of small areas can therefore be drawn on a plane. At planetary scale, however, surveys show Earth is approximately an oblate spheroid: slightly wider at its equator than at its poles.

Gravity draws matter together and provides the local meaning of down. Earth's rocky crust sits above a mantle and metallic core. Slow movement of tectonic plates changes continents, raises mountains and produces earthquakes. Most surface water lies in interconnected oceans, whose shape follows gravity.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

Independent tests include comparing simultaneous shadow angles at widely separated sites, observing changing star altitudes as one travels north or south, and measuring distances and positions with geodesy. These mutually consistent measurements are stronger evidence than any single photograph or authority.

TOM TOM'S REFLECTION

A model is useful when it makes predictions that can be checked against observations.

CHAPTER 12

Water, air and weather

The living cycles of Earth

UNDERSTANDING THE PHYSICAL WORLD

ENKI uses the wave as an image of feelings and the waters of creation as an image of connection. Real water is equally remarkable: it supports cells, transports nutrients, shapes landscapes and helps regulate temperature.

The water cycle links oceans, rivers, air, soil and living things. Sunlight drives evaporation; cooling water vapour condenses into clouds, and rain or snow returns water to the surface. Wind forms because air pressure varies, influenced by heating, rotation and geography.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

The atmosphere contains mostly nitrogen and oxygen, with smaller amounts of other gases. It protects life from much harmful radiation, and greenhouse gases help regulate temperature. Human activities can change the climate by increasing those gases. Caring for water and air is a practical expression of love for creation.

TOM TOM'S REFLECTION

Watch condensation form on a cool glass and consider how a tiny observation connects to a larger cycle.

CHAPTER 13

Matter, energy and forces

The building blocks of physical existence

UNDERSTANDING THE PHYSICAL WORLD

Matter is built from atoms, which contain nuclei and electrons. Atoms combine into molecules and form the materials of everyday life. Solids, liquids, gases and plasma behave differently depending on their energy and interactions.

Physics describes four fundamental interactions: gravity, electromagnetism and the strong and weak nuclear interactions. Electromagnetism explains light, electricity, magnetism and much of chemistry. Energy can change form, moving as heat, light, motion or stored chemical energy.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

The word energy in spiritual language often describes emotion, atmosphere or meaning. That is different from energy in physics, which is measured in joules. A feeling of connection is meaningful as an experience, but it does not demonstrate a hidden physical force. Consciousness remains an active topic in neuroscience and philosophy.

TOM TOM'S REFLECTION

Try a safe magnet activity. Ask what you can observe, and what still needs an explanation.

CHAPTER 14

The solar system

Planets, moons and small worlds

UNDERSTANDING THE PHYSICAL WORLD

Measured astronomy describes a solar system organised around the Sun by gravity. Mercury, Venus, Earth and Mars are rocky planets. Jupiter and Saturn are gas giants; Uranus and Neptune are ice giants. Dwarf planets include Pluto and Ceres.

Asteroids are mostly rocky or metallic bodies; comets contain ice and dust and may develop tails near the Sun. Meteors are streaks of light made as small bodies enter an atmosphere. Spacecraft observations, telescopes and repeated orbital measurements establish the physical nature of these objects.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

The ENKI illustration places its main symbolic emphasis on two planes and their celestial lights, but it does not supply a tested alternative account of planetary orbits. We can keep the spiritual meanings of light, motion and discovery while studying the astronomical evidence independently.

TOM TOM'S REFLECTION

Draw the eight planets in order, using a separate diagram to show their relative sizes.

CHAPTER 15

Galaxies, time and the universe

Beyond our celestial neighbourhood

UNDERSTANDING THE PHYSICAL WORLD

The Sun belongs to the Milky Way, a galaxy containing vast numbers of stars. Galaxies also contain gas, dust and dark matter, and form larger structures across the observable universe. A light-year is a distance: how far light travels in one year.

Looking into deep space also means looking into the past because light takes time to reach us. The expanding universe is supported by several independent observations, including galaxy redshifts and the cosmic microwave background. Dark matter and dark energy are names for phenomena scientists are still investigating.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

Black holes are regions where gravity is so strong that light cannot escape from inside the event horizon. Relativity describes how gravity, space and time are connected. The ultimate extent of the universe and the nature of dark energy are open questions. A spiritual belief about what lies beyond observation is not a scientific measurement.

TOM TOM'S REFLECTION

Wonder grows when we allow ourselves to say: there are things we do not yet know.

CHAPTER 16

Egypt, Eden and the Ankh

Ancient symbols and modern interpretation

ENKI AND ITS INTERPRETATION

The author's ENKI interpretation associates Egypt with the Garden of Eden and imagines four symbolic guardians, including a crocodile-headed guardian holding an Ankh and a sceptre. The Sphinx is also a powerful image within this imagined landscape of beginnings.

The Ankh is historically an Egyptian sign of life. The Great Sphinx is an ancient monument at Giza. The Pyramid Texts contain religious language concerned with royal death and the afterlife. They are important sources for understanding ancient Egyptian beliefs, not verified diagrams of the ENKI two-plane universe.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

Egypt as the literal Garden of Eden, a system of four original guardians in the proposed arrangement, and hidden or altered companion monuments remain unverified interpretations. Ancient Mesopotamian Enki and the Egyptian Ankh also have distinct historical origins, even when the modern ENKI project brings their symbolism together.

TOM TOM'S REFLECTION

Respect ancient cultures by learning what the inscriptions say before adding our own interpretations.

CHAPTER 17

The soul and reincarnation

Spiritual life within the realm

ENKI AND ITS INTERPRETATION

ENKI explores the belief that a soul can experience more than one lifetime, learning through relationships, challenges, mistakes and compassion. The mirrored planes express the possibility of different perspectives on existence; they are not a verified mechanism for transferring souls.

Reincarnation has a place in several religious and philosophical traditions, though their teachings differ. Other traditions understand death and the afterlife differently. Ancient Egyptian ideas about aspects of the person and the afterlife should not be treated as identical to all reincarnation beliefs.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

The author reports a personal spiritual identification with Adam, Abel, Moses, Buddha and Jayzee, and associates Eve with David. These experiences and interpretations are part of his testimony; they do not establish those identities as historical facts. No scientific method has confirmed a universal system of souls moving between lifetimes or realms.

TOM TOM'S REFLECTION

Whatever our beliefs about the next life, the wellbeing of people in this life matters now.

CHAPTER 18

The Four Pillars of the realm

Tom Tom's teachings

ENKI AND ITS INTERPRETATION

Brian's: explore the mind with curiosity. Ask questions, compare ideas and notice the difference between an observation, an interpretation and a belief. Learning is not about having every answer; it is about being willing to investigate.

Waves: understand feelings and sensory experiences. A powerful emotion may carry personal meaning without proving an external explanation. Rest, support and time for reflection help us respond safely to experiences.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

Circles: build safe routines and belonging. Care for your body, respect boundaries and create stability. Bridges: connect with others, listen to different viewpoints and share knowledge kindly. Nobody needs to accept another person's spiritual interpretation in order to deserve love.

TOM TOM'S REFLECTION

Use the Four Pillars to build a world where curiosity, wellbeing and kindness can coexist.

CHAPTER 19

The Five Commandments of Love

The purpose of learning

ENKI AND ITS INTERPRETATION

Love creation. Care for the land, waters, air and living things. Love yourself. Protect your health, recognise your worth and allow yourself to rest and receive support.

Love one another. Treat every person with dignity, including those who believe differently. Love the truth. Be honest about what you know, what you believe and what you do not know. Welcome reliable evidence even when it changes your understanding.

EVIDENCE, UNDERSTANDING AND RESPONSIBILITY

Protect through love. Choose peaceful, responsible actions that protect children and vulnerable people. Respect the rights and boundaries of others. Spiritual ideas should never require anyone to abandon their safety, medical care or freedom of thought.

TOM TOM'S REFLECTION

May knowledge bring humility, may love bring connection, and may every person find room to grow.

Explore and verify

These references support the physical science and authorship context, not the spiritual model. The ENKI narrative draws on the author's supplied ideas and earlier books.

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