Safety Brian's Help Map

Think about trusted people and how to ask for support

BRIAN'S: SAFETY AND HELP

Every Star deserves to feel listened to and supported. Complete this with a trusted grown-up. You can write names, draw people or use photos.

A grown-up I can talk to at home:

A grown-up I can talk to in another place:

Ways I can show or say I need help

[ ] Say “help please”

[ ] Use AAC or a gesture

[ ] Go to my trusted grown-up

[ ] Point to a help card

[ ] Show a drawing

[ ] Ask someone to stay with me

A place where I can ask for help:

If something feels unsafe or confusing, tell a trusted grown-up. You deserve to be listened to.