

THE BOOK OF

Christ Consciousness

From Adam to Jayzee,
and the Awakening of Tum Tum

A spiritual retelling and personal testimony

By Tom Tom James Wood

A spiritual retelling of creation and the journey of consciousness through different lives, incorporating personal beliefs about reincarnation and personal experiences.

CHAPTER 01

Adam and Eve

In the beginning, God brought creation into existence, filling it with beauty, life and possibility.

Within creation came two souls, known in the ancient scriptures as Adam and Eve.

In the spiritual interpretation of ENKI, Adam represents the beginning of the Christ soul, whilst Eve represents the companion soul known in this account as David.

Together, they began discovering the wonders of creation.

They learned about the animals, the plants, the waters and the land. They discovered curiosity, companionship, affection and the ability to make their own choices.

Through knowledge came consciousness, and through consciousness came responsibility.

Their journey represents the beginning of humanity's understanding of itself.

CHAPTER 02

Abel: The Innocent Soul

The next life in this spiritual interpretation is represented by Abel.

Abel was a gentle soul who cared for animals and loved creation. He found happiness in kindness and simplicity.

But his brother Cain became overwhelmed by jealousy and resentment, eventually taking Abel's life.

Abel represents innocence, vulnerability and the suffering caused by humanity's inability to understand and regulate its emotions.

Through Abel's story came the lesson that jealousy must never become greater than love.

CHAPTER 03

Moses: The Protector

Moses was born into a world filled with oppression and suffering.

His mother placed him upon the river to protect his life, and he was discovered and raised within the household of Pharaoh.

As Moses grew older, he recognised the suffering of his people.

He eventually returned to guide them towards freedom, teaching them responsibility, faith and the importance of living together.

Within ENKI, Moses represents the protective qualities of Christ consciousness.

His story teaches that every human being deserves freedom, dignity and safety.

CHAPTER 04

Buddha: The Awakened Mind

Siddhartha Gautama was born surrounded by comfort, yet he questioned why suffering existed beyond the walls of his privileged life.

He abandoned his wealth and began searching for understanding.

Through meditation, reflection and observation, he explored the workings of the human mind.

He became known as Buddha, the awakened one.

His teachings brought an understanding of compassion, attachment, suffering and emotional balance.

Within ENKI, Buddha represents consciousness learning to understand itself.

CHAPTER 05

Jayzee: The Child of Mary and Jo

In this reimagined account of Jesus's life, Mary and Jo were loving, humble people.

Before Jayzee's conception, Mary encountered a mysterious visitor called John, associated in this spiritual narrative with Metatron.

Mary and Jo welcomed their beautiful little boy into the world and named him Jayzee.

Jayzee was curious, sensitive and imaginative. He loved music, animals and learning about creation.

His parents taught him practical skills, kindness, honesty and the importance of helping others.

For approximately twelve years, Jayzee experienced the warmth of a loving family.

Then everything changed.

CHAPTER 06

The Murder of Mary and Jo

One day, a travelling man and his son Judas arrived seeking shelter.

Mary and Jo welcomed them into their home, offering them food and somewhere to rest.

But their kindness was met with cruelty.

Mary and Jo were murdered, and young Jayzee was severely injured and left amongst the straw.

As Jayzee lay frightened and alone, he experienced two beautiful white lights.

Within this story, those lights represented Mary and Jo, symbolising the love that remained with him.

Although his childhood had been shattered, the kindness his parents had taught him remained within his heart.

CHAPTER 07

Aunty Em and Tum Tum

A compassionate woman known as Aunty Em took Jayzee into her care.

Em was an entertainer who also earned her living through sex work. Many people judged her, yet she showed Jayzee extraordinary kindness.

She fed him, cared for him and helped him recover.

Because Jayzee was frequently hungry, she affectionately nicknamed him Tum Tum.

Through Em, Jayzee learned that goodness was not determined by somebody's occupation, wealth or position within society.

He discovered that those who had experienced suffering were sometimes the people most capable of understanding it.

CHAPTER 08

Jayzee the Teacher

As Jayzee grew older, he travelled, performed music and shared his understanding of life.

He taught people about love, forgiveness, cleanliness, kindness, emotional understanding and caring for one another.

He welcomed those whom society rejected.

He encouraged people to question what they were taught, understand their emotions and recognise their responsibilities towards others.

He taught that children were precious and that knowledge should be shared rather than used to control people.

His message was not about accumulating wealth or demanding worship.

It was about learning to love.

CHAPTER 09

The Betrayal of Jayzee

Jayzee's teachings challenged those who valued authority above compassion.

Eventually, Judas betrayed him.

Jayzee suffered persecution and was crucified.

Yet the message of love survived beyond his death.

Within ENKI, his story represents the ability of compassion to endure even when confronted with extraordinary cruelty.

His greatest legacy was not suffering, but the teachings he left behind.

CHAPTER 10

Tom Tom James Wood

On 27 May 1985, in Poole, England, Tom Tom James Wood was born.

As a child, he experienced a world that frequently misunderstood him.

He possessed a curious mind, a love of music and a desire to understand how everything worked.

Throughout his life, he experienced happiness, trauma, misunderstanding, love and loss.

He developed an interest in psychology, counselling, psychotherapy, hypnotherapy and the workings of human consciousness.

He began writing stories and developing educational resources to help children understand themselves.

From this work came the Tom Tom Universe and the Four Pillars of Understanding.

CHAPTER 11

The Awakening at Forty-One

In 2026, at forty-one years old, Tom Tom experienced extraordinary personal stress and emotional suffering.

During this period, he underwent what he describes as a spiritual awakening.

He experienced voices that he associated with Metatron and other spiritual guides, and developed a profound sense of connection with Adam, Abel, Moses, Buddha and Jayzee.

In his personal spiritual understanding, he came to associate these figures with his own soul's journey and the identity of Tum Tum.

He interpreted David as the companion soul connected with Eve at the beginning of creation.

These experiences became part of his personal testimony and the inspiration behind this account of ENKI.

CHAPTER 12

The Journey of Christ Consciousness

Within this spiritual interpretation, each life represents a different stage of understanding.

Life	Spiritual meaning
Adam	Creation and consciousness
Eve — David	Companionship and connection
Abel	Innocence and kindness
Moses	Freedom and protection
Buddha	Wisdom and self-understanding
Jayzee — Tum Tum	Forgiveness and love
Tom Tom	Personal awakening and education

The connection between these lives represents a spiritual belief in reincarnation, rather than an established historical account.

CHAPTER 13

The Four Pillars

★ **Brian's**	Understand consciousness.
★ **Waves**	Understand emotions.
★ **Circles**	Create safety and belonging.
★ **Bridges**	Build love, communication and connection.

Together, these pillars encourage humanity to understand itself and care for others.

CHAPTER 14

The Five Commandments of Love

1. **Love creation.**
2. **Love yourself.**
3. **Love one another.**
4. **Love the truth.**
5. **Protect through love.**



The Closing Words of ENKI

Let the children inherit a world of understanding rather than fear.

Let knowledge be shared freely, and let nobody be considered less worthy because they are different.

Let compassion replace cruelty, understanding replace judgement, and peace replace conflict.

Let humanity remember that every person possesses value, regardless of their identity, beliefs or circumstances.

For wisdom without compassion is incomplete, and love without action is merely a promise.

Creation. Innocence. Freedom. Wisdom. Love. Understanding.

By Tom Tom James Wood